



SKI À L'ÉCOLE



PARTICIPATION REPORT

2025 SEASON



HIGHLIGHTS

+ 45 000

EXPERIENCES OFFERED IN 10 WEEKS OF THE 2025 SEASON

+ 54 SCHOOLS

SERVICED IN THE OUTAOUAIS

+ 35 SCHOOLS

SERVICED IN 7 OTHER REGIONS IN QUEBEC

+ 30 CARNIVALS

AND COMMUNITY SITES SERVICED IN THE OUTAOUAIS

+ 80 PHYS. ED. TEACHERS

TRAINED IN OUTAOUAIS & LAURENTIDES



+ 780 OUTINGS

FOR OUR 4 CLUBS SALT & PEPPER 55+

+ 500 STUDENTS

PARTICIPATING IN OUR FOR-SCHOOLS' EVENTS

RESULT PER PROGRAM

Ski At School stands out for the diversity of its **fun, accessible and free** cross-country skiing activities which reach several segments of the population, as well as for its mobile formula and its wide territorial coverage.

PROJECT	EXPERIENCES	REGION	VISITED SITES
333	33449	Outaouais	54 schools
333	550	Montréal	1 school
EVENTS	520	Outaouais	2
COMMUNITY	2839	Outaouais	32
SKI-MOBILE	6525	Province of Québec	35 schools + 12 Municipalities
SALT & PEPPER	781	Outaouais	21
FIRST NATION	300	Vallée-de-la-Gatineau	3
TRAINING LEVEL 1	55	Outaouais + Laurentides	3
TRAINING LEVEL 2	33	Outaouais	1
TOTAL	45052		

“ It is estimated that 9 out of 10 young people would not have the chance to ski. ”

Paul Throop
SAS PResident



THE 3-3-3 PROGRAM

Creates a unique and efficient cross-country ski equipment sharing network between different schools. Our 3-3-3 program offers, for specific periods, complete fleets for all school cycles, on a rotating basis. Our organization handles transportation and logistics. All students can ski, starting in kindergarten, which greatly encourages their development throughout their school career. Several hundred pairs of cross-country skis were added to this program thanks to:

circonflexe
Prêt-pour-bouger

IN THE OUTAOUAIS

CSSPO : CENTRE DE SERVICES SCOLAIRE DES PORTAGES

- 7421 equipment uses
- 12 elementary schools
- 3 highschoools

CSSD : CENTRE DE SERVICES SCOLAIRE DES DRAVEURS

- 5300 equipment uses
- 8 elementary schools
- 1 highschool

CSSCV : CENTRE DE SERVICES SCOLAIRE COEUR-DES-VALLÉES

- 6908 equipment uses
- 8 elementary schools
- 1 highschool

WQSB : WESTERN QUEBEC SCHOOL BOARD

- 6077 equipment uses
- 9 elementary schools
- 3 highschoools

CSSHBO : CENTRE DE SERVICES SCOLAIRE HAUTS-BOIS-DE-L'OUTAOUAIS

- 6622 equipment uses
- 10 elementary schools
- 2 highschoools





3-3-3 TRAINING FOR TEACHERS

« One of the best training days
of my career..»

« I feel truly blessed to be
able to bring the 3-3-3
program to life for my
students and to experience
quality training. »

« I feel a lot more
confident. The training
is very well organized
and very relevant.»

«I feel better
equipped to
ski with my
students »

« The learning
helped me to
better integrate
exercises and
educational bases
during the level 1
training.»

98 %

90 %



OUTAOUAIS

25 attendees

Niveau 1 (FR) Relais Plein Air

8 attendees

Niveau 1 (EN) Nakkertok

35 attendees

Niveau 2 Relais Plein Air

LAURENTIDES

10 attendees

Niveau 1 Saint-Eustache

10 attendees

Niveau 1 Rivière-Rouge

Making cross-country skiing an enviable and important element to incorporate into the winter school curriculum **requires the commitment of teachers**. To this end, we offer concrete tips to improve the ratio between the time spent teaching cross-country skiing and the time spent preparing for it, and offer teaching keys.

It also aims to foster a sense of community around cross-country skiing. Engaging teachers is one way we ensure our 3-3-3 **fleets are used effectively and that students are surrounded by passionate role models**.



COMMUNITY PROGRAMS

Our mission is to enable everyone to experience the benefits of cross-country skiing in the most accessible way possible. To achieve this, we create FREE activities and provide quality equipment and advice.

VALUES THAT FUEL US

- Free
- Proximity
- Fun
- Inclusiveness



TWO WAYS TO SERVE THE ENTIRE POPULATION IN OUTAOUAIS

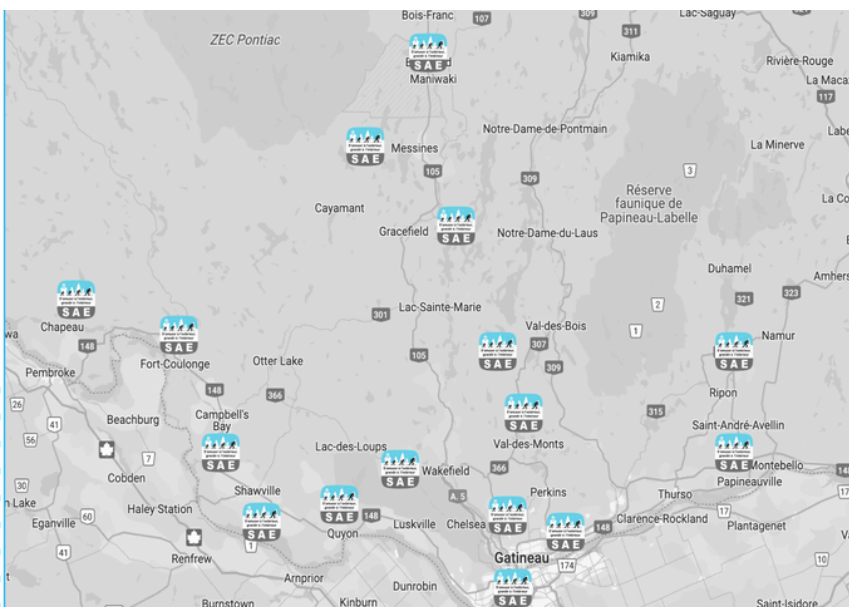
• STATIONARY POWER CENTERS

These sites offer regular opening hours and access to beginner trails.

• MOBILE AND ON-THE-GO SERVICE

Our team travels to municipal carnivals and winter festivals to enhance existing programming. We also assist in the creation of new winter initiatives.

OUR LOCATIONS



2025 GATINEAU SKI URBAIN		
NOM	RÉSULTATS	SECTEUR
Plaisir d'hiver - Parc Maclaren	150	Buckingham
Plaisirs d'hiver Lac Beauchamp	345	Gatineau
Carnaval d'hiver Cantley	110	MRC Collines
Carnaval Saint-Jean-de-Bosco	35	Hull
Ski et nouveaux arrivants	12	Hull
Fête de quartier Masson / Du Ruisseau	110	Masson
Carnaval Champboisé de l'Ange-Gardien	100	MRC Collines
Fête d'Hiver Parc Moussette - Val-Tétreau	115	Hull
Carnaval Hiver Quartier Limbour	70	Gatineau
Carnaval Chelsea	20	MRC Collines
Plaisir d'hiver Aylmer	15	Aylmer
Carnaval secteur Fournier	0	Gatineau
Festival Dernière Neige au Relais Plein Air	25	Hull
Fête d'hiver Parc Laurent-Groulx	30	Hull
GATINEAU / INITIATIVES COMMUNAUTAIRES		
D'Hiver Ski Fier	50	Hull
Ski-Cool	300	Hull
Ski-Cool LOPPET	69	Hull
Ski pour jeunes aveugles	20	Hull
PONTIAC		
carnaval hivernal annuelle de Danford Lak	20	Pontiac
Carnaval de Bryson	12	Pontiac
Carnaval Otter Lake	1	Pontiac
Carnaval de l'Île du Grand Calumet	25	Pontiac
Full Moon ski Norway Bay	20	Pontiac
Campbell's Bay	12	Pontiac
Carnaval PATRO	20	Pontiac
Programme Insertion avec le CJEP	15	Pontiac
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PAPINEAU		
Samedi Thurso	35	Petite-Nation
Carnaval Papineauville	25	Petite-Nation
Carnaval de Ripon	20	Petite-Nation
Carnaval Plaisance	18	Petite-Nation
Carnaval Chénéville	35	Petite-Nation
Journée Ski de fond Saint-André-Avelin	12	Petite-Nation
SAJO (Service Animation Jeunesse Outaouais)	12	Petite-Nation
COLLINES		
Champboisé centre de prêts	60	Collines
VALLÉE-DE-LA-GATINEAU		
Boutique Le Sommet / Cabane de prêts	70	Vallée-de-la-Gatineau
Club JackRabbit pour 4-8ans	120	Vallée-de-la-Gatineau
Centre d'Amitié Autochtones	8	Vallée-de-la-Gatineau
Rapid lake (Réserve)	120	Parc de la Vérendry



SALT & PEPPER

Our Clubs for people aged 55 and over in the Outaouais region had a very dynamic season, with nearly 800 outings.

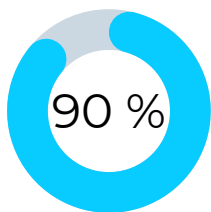
Launched in the winter of 2023, this initiative quickly grew. We now have four Clubs—one in each rural MRC in the Outaouais region—with a total of around 100 members.

Our goal, to create "the next generation of skiers," is ageless.

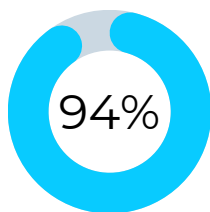
Sel & Poivre is also a growing volunteer force.

We are proud to have had 15 members register for the Canadian Ski Marathon, a challenge well met !

The Club allows me to stay more active during the winter



The Club allowed me to meet new people



« I like the Club's openness to all levels of skiers. The existing camaraderie is truly enjoyable. »

« It's beautiful, it allowed me to get some fresh winter air. »

« THANK YOU SO MUCH for this wonderful initiative. Winter has passed more quickly. »





SKI-MOBILE

The third season of this project, in partnership with the Provincial Cross-Country Ski Federation, was a huge success. The weather conditions and the schools' responsiveness boosted the results.

The project allows schools and municipalities in sometimes remote regions to benefit from a mobile cross-country skiing initiation service with guidance from a Ski at School ambassador.

THIS SEASON RESULTS

REGION	OUTINGS	RATING
Nord Du Québec	625	Very high
Saguenay-Lac-Saint-Jean	1250	Very high
QUEBEC	1175	high
Maurice	750	high
Maurice	50	high
Capitale-Nationale	625	high
Capitale-Nationale	500	high
Estrie	1000	high
Saguenay-Lac-Saint-Jean	50	high
Nord Du Québec	500	high
TOTAL	6525	





SPECIAL EVENTS FOR SCHOOLS

THE GRANDE TRAVERSÉE OF THE GATINEAU PARK

190 registered students
40 teachers and accompanying adults
2 route options (35 km and 14 km)

Partners:

CCN, Relais Plein Air, Loisir Sport Outaouais,
Chelsea, Skinouk

MINI MARATHON OF PAPINEAUVILLE

330 registered students
30 teachers et adults
2 route options (10KM et 6KM)

Partners :

Polyvalente LJP, CLP Papineau, Papineauville

THESE EVENTS ARE IMPORTANT

They provide motivation for training in schoolyards
They allow students to discover magnificent sites
They highlight the joy of participating in major cross-country skiing events
They offer unique, untimed opportunities for personal improvement

THANK YOU THANK YOU THANK YOU

TO OUR TEAM
TO OUR BOARD OF DIRECTORS
TO OUR VOLUNTEERS
TO THE TEACHERS

AND THE MANY PARTNERS



QUESTION OU COMMENTS
SKIALECOLE.ORG/EN

SEE YOU NEXT WINTER
PLAY OUTSIDE GROW INSIDE