



SKI À L'ÉCOLE



PARTICIPATION REPORT

WINTER 2024





HIGHLIGHTS

- **22,481 initiations total**, including 18,138 in Outaouais;
- **100+ schools** visited, including 55 in Outaouais;
- **13 regions** served in the province of Quebec;
- **35 physical education teachers** attended our “cross-country skiing in a school context” training;



PARTICIPATION SUMMARY

| WINTER 2024 | | | |
|---------------------|----------------------|---------------|------------|
| CATEGORY | PROGRAM | PARTICIPATION | PERCENTAGE |
| SCHOOLS | 3-3-3 | 12549 | 55.82% |
| | Ambassador | 2986 | 13.28% |
| | Ski-Mobile | 4343 | 19.32% |
| | Ontario | 375 | 1.67% |
| COMMUNITY | Gatineau Urban Parks | 579 | 2.58% |
| | 3-3-3 | 354 | 1.57% |
| | Special Events | 874 | 3.89% |
| | Salt & Pepper 55+ | 421 | 1.87% |
| PARTICIPATION TOTAL | | 22481 | 100.00% |



OUTAOUAIS : PROGRAMS AND RESULTS PER MRC

MRC PONTIAC

3-3-3 equipment loans : 1717
Ambassador program : 580
Community, Seniors, Carnivals : 283

MRC VALLÉE-DE-LA-GATINEAU

3-3-3 equipment loans: 218
Ambassador program : 881
Community, Seniors, Carnivals : 330

MRC PAPINEAU

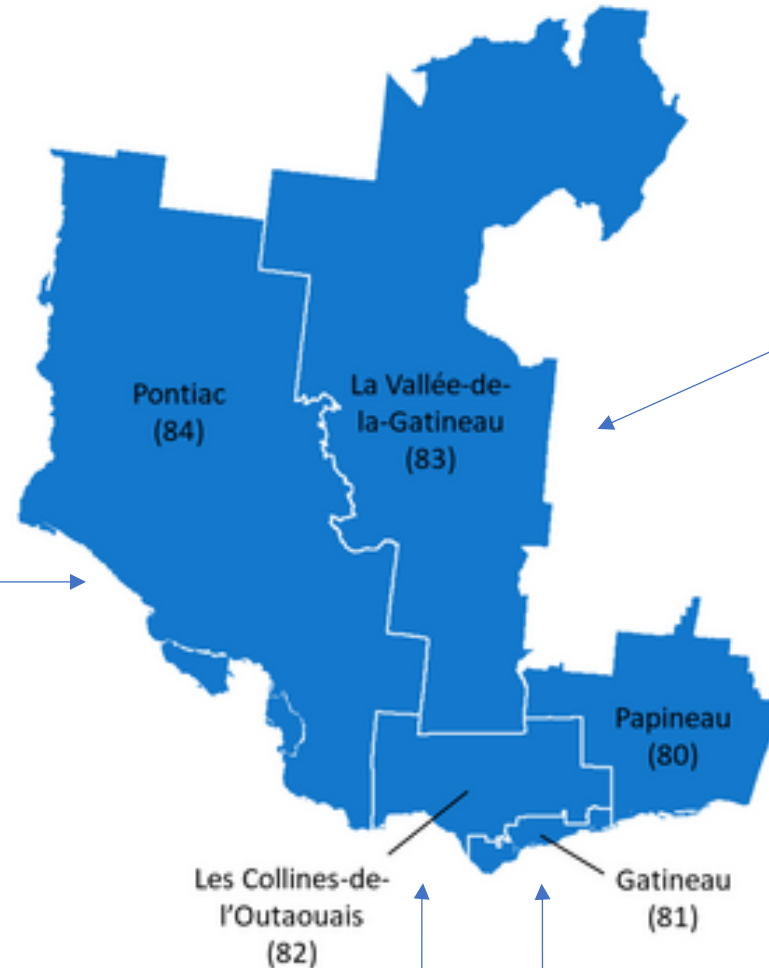
3-3-3 equipment loans: 2000
Ambassador program : 1170
Community, Seniors, Carnivals : 95

MRC DES COLLINES

3-3-3 equipment loans: 2117
Ambassador program : 100
Community, Seniors, Carnivals : 111

GATINEAU CITY

3-3-3 equipment loans: 6085
Ambassador program : 315
Community, Seniors, Carnivals : 1427





DETAILED RESULTS : SCHOOL'S COMPONENT

| EQUIPMENT LOAN PROGRAM | SECTOR | PARTICIPATION | ELEMENTARY | HIGHSCHOOLS |
|------------------------|-----------------------|---------------|------------|-------------|
| 3-3-3 | Gatineau | 6085 | 11 | 3 |
| | Collines | 2117 | 5 | 1 |
| | Papineau | 2000 | 0 | 1 |
| | Pontiac | 1717 | 3 | 2 |
| | Vallée-de-la-Gatineau | 218 | 1 | 2 |
| | Montréal | 412 | 0 | 1 |
| | TOTAL | 12549 | 20 | 10 |





DETAILED RESULTS : SCHOOL'S COMPONENT

| SCHOOL COMPONENTS | SECTOR | PARTICIPATION | NUMBER OF OUTINGS | ELEMENTARY | HIGH SCHOOLS |
|----------------------|-----------------------|---------------|-------------------|------------|--------------|
| AMBASSADOR OUTAOUAIS | Gatineau | 315 | 3 | 2 | 1 |
| | Collines | 100 | 2 | 2 | 0 |
| | Pontiac | 520 | 13 | 7 | 0 |
| | Papineau | 1170 | 15 | 4 | 2 |
| | Vallée-de-la-Gatineau | 881 | 13 | 6 | 1 |
| | TOTAL | 2986 | | 21 | 4 |
| AMBASSADOR ONTARIO | Embrun | 250 | 1 | 1 | |
| | Ottawa | 125 | 1 | | 1 |
| | TOTAL | 375 | | | |





DETAILED RESULTS : COMMUNITY PROGRAMS

| COMMUNITY PROGRAMS | SECTOR | PARTICIPATION | NUMBER OF OUTINGS | DETAILS |
|-----------------------|-----------------------|---------------|-------------------|--|
| GATINEAU URBAN PARKS | Angers | 89 | 1 | Plaisir d'Hiver Parc Valpin |
| | Buckingham | 40 | 1 | Fête d'hiver Champboisé |
| | Gatineau | 260 | 1 | Plaisirs d'hiver Lac Beauchamps |
| | | 50 | 1 | Parc Ferme Dalton |
| | Hull | 60 | 1 | Fête quartier Parc de la Montagne |
| | | 80 | 1 | Carnaval Relais Plein Air |
| | TOTAL | 579 | | |
| 3-3-3 EQUIPMENT LOANS | Collines | 92 | | Corpo Plein Air La Lièvre, Site Champboisé |
| | Papineau | 60 | | SAJO - Saint André Aveliin |
| | Pontiac | 90 | | Ski Pontiac - Bristol |
| | | 12 | | Campbell's Bay |
| | Vallée-de-la-Gatineau | 100 | | Boutique le Sommet, Messines |
| | TOTAL | 354 | | |
| SPECIAL EVENTS | Gatineau | 35 | | Association jeunes aveugles |
| | | 560 | | Ski-Cool - Maisons des jeunes |
| | Collines | 19 | | Plaisir Hiver Chelsea |
| | Papineau | 35 | | Carnaval Chénéville |
| | | 30 | | Carnaval Papineauville |
| | Pontiac | 50 | | Moonlight Ski Bristol |
| | Vallée-de-la-Gatineau | 25 | | Carnaval de Gracefield |
| | | 120 | | Club JackRabbit |
| | TOTAL | 874 | | |



DETAILED RESULTS : SALT & PEPPER SENIOR SKI CLUB

| PROGRAM | SECTOR | PARTICIPATION | DETAILS |
|---------------|-----------------------|---------------|--------------|
| SALT & PEPPER | Gatineau | 253 | 13 out of 20 |
| | Pontiac | 83 | 12 out of 20 |
| | Vallée-de-la-Gatineau | 85 | 12 out of 20 |
| | TOTAL | 421 | |



DETAILED RESULTS : SKI-MOBILE PROGRAM



| PROGRAM | REGION | PARTICIPATION | DAYS |
|--------------|-----------------------|---------------|------|
| SKI - MOBILE | Abitibi | 735 | 8 |
| | Beauce | 400 | 1 |
| | Centre-Du-Québec | 465 | 6 |
| | Chaudières-Appalaches | 180 | 2 |
| | Estrie | 390 | 7 |
| | Lanaudière | 200 | 2 |
| | Laurentides | 658 | 11 |
| | Mauricie | 515 | 6 |
| | Montréal | 390 | 6 |
| | Montréal | 390 | 6 |
| | Québec | 50 | 1 |
| | Saguenay | 320 | 4 |
| | TOTAL | 4343 | |



A FEW TESTIMONIALS

« Many thanks for the Teachers' training. Superb organization. It was very pleasant, fun, friendly and enriching with you and the networking. Very happy to be able to have access to this service in order to promote physical activity in the winter. Wow. Keep up the good work and well done. »

- **Hugues, Cépages school teacher, Gatineau**

« I want to thank you for introducing the Salt & Pepper Club. I always intended to go cross-country skiing in Pontiac, but never did. With the Club, and having skis on loan for the whole winter, I went out every day.

I loved the outing to Gatineau Park! I enjoyed the season it gave me good reasons to go out, meet new people and exercise. Thanks again ! »

- **Anne, Pontiac resident and Salt & Pepper member**

« Honestly the students really seemed to be having fun and loving it! The staff was very good and had good group management. With the organization, there are many more adults for the number of students, so that helps a lot to manage and help young people who are just starting out. »

- **Sherry, Louis-Riel highschool Teacher**

« With cross-country skiing, winter goes by so quickly. I have a lot of fun with the students. My job consists of providing cross-country skis, but above all a learning atmosphere that focuses on pleasure, intuition and perseverance among young people. »

- **Alex, Ski-Mobile Ambassador**

« Since 2016, we have granted nearly 100,000 free cross-country ski lessons. Our mission to offer quality programming and equipment is still as vibrant and important as ever. This requires inclusiveness and a good dose of creativity. Thanks to all of our partners. We are redefining the model of accessible and recreational practice together. »

- **Paul, Ski At School President**



PARTNERS

PROVINCIAL



REGIONAL



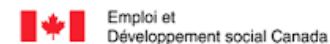
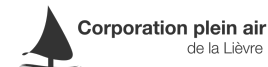
GATINEAU CITY



MRC PONTIAC



MRC DES-COLLINES



MRC VALLÉE-DE-LA-GATINEAU



MRC PAPINEAU



FOR MORE INFORMATION

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WHAT SCHOOL SOCIALS AND LINKS

<https://skialecole.org/>

<https://skialecole.org/balados-ski-a-lecole/>

https://www.instagram.com/sas_saeoutaouais/

<https://www.facebook.com/SAEOutaouais>

<https://www.youtube.com/watch?v=ff8W4LOPzg0&feature=youtu.be>